



2010 Season Personal Time Log

Swimmer: _____

Date	Meet	Free- style	Back Stroke	Breast Stroke	Butter- fly	I.M.
2009	Previous Best					
2010	Goal Time					
May 1	Time Trials					
May 8	Strawberry					
May 15	Rolling Hills					
May 22	Lucas Valley					
June 5	Marinwood					
June 12	Novato					
June 16	AllStars					
June 19	Terra Linda					
June 26	Tidalwaves					
July 10	Champs					